Parent Education & Parent Awareness Month (March)

Raising children may be one of the most difficult tasks a parent can undertake. Unlike most jobs, there is no paycheck, little supervision, and no employee training program. Good parenting skills are most often acquired through on-the-job training.

Parenting Awareness Michigan (PAM) is a non-profit, statewide agency which provides education and resources that focus on the importance of parenting and raising children who will grow up to be healthy, caring, and contributing citizens. It also assists in the development of parent networks and promotes locally planned events each March which recognize the importance of becoming an effective parent.

PAM offers the following tips for parents who want to improve their parenting skills.

- Show children love, concern, and respect at all times.
- Compliment your child on things that he/she does well.
- Introduce your child to books.
- Listen to, talk with, and spend time with your child.
- Set a positive example by what you say and do.
- Provide a safe place for your child to live and play.
- Establish basic rules and limits, and follow through with appropriate consequences.
- Tell your child "I love you" each and every day.
- Ask for parenting help when you need it.

For more information, log on to www.preventionnetwork.org or call Louanne Beaudry at Parenting Awareness Michigan (1-800-968-4968).

---Furnished by Ingham County Great Start