

10 Steps to Positive Parenting

- 1.) Show love and affection.
- 2.) When necessary, take time to cool down.
- 3.) Compliment your child.
- 4.) Set basic rules and limits.
- 5.) Develop a set of shared meanings, values and goals.
- 6.) Introduce your child to books.
- 7.) Listen and talk to your child.
- 8.) Be the kind of person you want your child to be.
- 9.) Offer guidance.
- 10.) Tell your child “**I love you**” each and every day.

March is Parenting Awareness Month

www.preventionnetwork.org/pam

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