

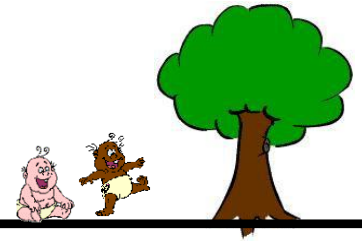


THE FAMILY TREE

A Publication of the Family Growth Center

March 2018

Volume 41, No. 3



News from the Infant and Toddler Room

Hello - - Welcome to March! This month is going to be filled with basketball and lots of fun! We will color, sing, dance and work on our small motor skills by doing some puzzles. I will also have a little tunnel in the room for some fun times. We will also use our imagination and do some art work with crayons, glue and glitter. I hope this month brings you joy and excitement. Remember to smile and enjoy every day.

Angela Bunker, Infant Toddler Teacher

News from the Preschool Room

Welcome to March! In just a few weeks it will be Spring!! There is light at the end of the tunnel! This month the preschool class is going to be focusing on moving our bodies to nursery rhymes. Besides being fun, this will help with the children's language and literacy skills through helping the children feel the beat/tempo of the rhymes in their bodies. The repetition of saying the rhymes, teaches children how language works. You may know some of the nursery rhymes we will be doing in class, or you may not. I will be sending home the nursery rhyme of the week with each child. See if your child remembers any of the motions from class, or with your child make up new moves! Have fun!!

Kathy Kelly, Preschool Teacher

What is the Family Growth Center?

It is a place for children to enjoy FREE drop-in childcare for children 6 weeks through 5 years of age. A nominal fee is charged to higher income families. **Family Growth Center** is a program of **Child Abuse Prevention Services**, which is a division of **Child and Family Charities**.

For more information on childcare call (517) 371-1347.



Our schedule: Mt. Hope FGC

Tuesday-Wednesday-Thursdays-

517-371-1347

549 E. Mt. Hope

Lansing, MI 48910

(Bethlehem Lutheran Church)

DURING NON-FGC HOURS CALL (517) 371-1347 TO LEAVE A MESSAGE

March 2018 Family Growth Center Calendar

Tuesday	Wednesday	Thursday
2/27	2/28	3/1
Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm
6	7	8
Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm
13	14	15
Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm
20	21	22
Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm
27	28	29
Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm	Mount Hope FGC Drop In: 9:00-11:30 am Drop In: 1:30-4:00 pm

Week 1	Week 2	Week 3	Week 4	Week 5
Protein: Roast Beef, Turkey and Cheese slices & milk Fruit & Vegetable: Apples & leaf lettuce Grain: Whole wheat bread	Protein: Salami and cheese & milk Fruit & Vegetable: Grapes, carrots Grain: Whole Wheat crackers	Protein: Turkey Hot Dogs & milk Fruit & Vegetable: Bananas, Peas Grain: Whole Grain Buns	Protein: Turkey Sausage & milk Fruit & Vegetable: Blueberries and V8 Juice Grain: Cheerios	Protein: Hard Boiled Eggs & milk Fruit & Vegetable: Apple Sauce and Tomatoes Grain: Whole Grain Crackers

Prepared by Staff ☺

Menu is subject to change.
 USDA is an equal opportunity provider and employer.



Remember.... if Lansing School District is closed due to inclement weather so is the Family Growth Center. Please drive safely... don't forget to use your seatbelts and have your children in appropriate car seats.

-Family Growth Center Staff