



# Madoonaysaa DUGSIGA BARBAARINTA oo heer sare ah?

Codsadayaasha codsanaaya  
markoodii koobaad habooqdaan

[www.inghampreschool.org](http://www.inghampreschool.org)

Madoonaysaa inaad waxkabadasho  
codsigaaga hadda taagan?

**Wac 855.644.7735**

Codsiyada waxaa la aqbalaa sanadkii oo dhan

## Muxuu dugsiga barbaarintu aad muhiim ugu yahay?

Cilmi baaris ayaa muujinaysa in caruurta dhigta  
dugsiga xanada ee tayada sare leh ay ubadan  
tahay inay:

- **Wax akhriyaan** si faseex ah markay gaaraan fasalka sadexaad
- **Ay kaqalin jabiyaan** dugsiga sare
- **Ay dhigtaan** kuleej
- **Ay qaataan** mushaaraad badan

Dugsiga barbaarintu wuxuu cunuga udiyaarshaa  
dugsiga caruurta, fasalka sadexaad iyo fasalada  
kasii koreeyaba.

Caruur badan ayaa xaq uleh in laga dhaafo  
lacagta dugsiga barbaarinta.



**Ingham Intermediate  
School District**  
*A Regional Educational Service Agency*

Dukumiintigaan waxaa lagu diyaarshay maalgalin ay bixisay Waaxda Waxbarashada ee Michigan.