

MEASLES

Is your family protected?

There is a measles outbreak in Southeast Michigan. There are no cases in Ingham County at this time, but we urge people to be sure they and their children are fully vaccinated. Measles spreads easily from one person to another. It can make people very sick.

SYMPTOMS

Signs of measles usually appear 7 to 14 days after you catch it.



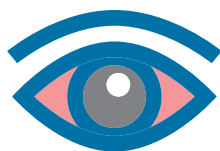
High
Fever



Earache



Runny
Nose



Red,
Watery
Eyes



Cough



White
Spots in
Mouth



Red,
Raised
Rash

PREVENTION

Two shots can stop measles.

Measles can be prevented with the MMR (measles, mumps, and rubella) vaccine. People need two doses of the vaccine for full protection, but even one dose gives 95% protection. Children should get their first MMR shot when they are 12-15 months old, and the second when they are 4-6 years old. People who have had the measles or were born before 1957 are already considered protected. You cannot get measles from the vaccine.

APPOINTMENTS

Check your records. Get vaccinated.

Check immunization records to be sure everyone over age 4-6 years old has had two MMR vaccines. If you are missing records or need vaccines, call your health care provider or the health department at (517) 887-4316.

For more information about the outbreak in Michigan, visit michigan.gov/measlesoutbreak



If symptoms develop, call your doctor or the emergency room before you visit so they can take precautions to prevent others from getting measles.