

Local Leadership Group Meeting Notes
February 5, 2020
1:00pm-3:00pm
Bethlehem Lutheran Church (Family Growth Center)
549 Mt. Hope Ave. Lansing, MI 48910

1. Welcome/Introductions

Parent Café Question: How do you model positive communication with your children?

- Discussed with elbow partners and shared out as group
- If a difficult topic needs to be discussed, a parent shared that she uses a letter writing system to communicate. The child can leave a note for the parent and then the parent responds in a note or letter back to the child.

2. January Meeting Review

January notes were reviewed and approved.

3. Working Agreements

Past input from the LLG partners will be incorporated into the updated Working Agreements. All partners were asked to provide any updates/changes.

- No interrupting/allow others to finish thoughts
- Be respectful of partners
- *Data will be removed

4. Great Parents Great Start

Michelle shared in advance of the meeting that there are no updates at this time.

5. Site Visit Review Updates

-The site visit in November 2019 was to ensure that we are in compliance with the deliverables of our grant.

- Ingham LLG has an issue with attendance. Per the grant, all required partners MUST attend 75% of the meetings 75% of the time;

however, since we report quarterly, if a required partner misses one (1) meeting, their attendance is 66%. So, ALL required partners MUST attend EVERY meeting to be in compliance with the deliverables.

-If a required partner cannot attend a meeting, then they are asked to send a back-up person in their place so their organization is still represented.

-If a required partner can't attend and a back-up is not available, the partner will be contacted via phone or email to update them on what happened at the meeting.

-It was asked if call-ins are permitted in these situations. CQI Team will look into this.

-The sign-in sheet is now pre-populated with all the agency names, person representing that agency/organization and what role they represent in the LLG in an effort to help easily track partner attendance.

-Kelly will now be representing Early Head Start and Head Start.

-Lisa and/or Celeste will also be representing MIHP until the position is filled.

-Sustainability plan was reworked with a new SMART goal. Also introduced the idea that we need to make a plan if there is no longer a coordinator for LLG.

6. Home Visiting Continuum Updates

-Talked about work around shared Professional Development

-Shared Referrals

-Parent Voice is making an impact

-Discussions based around how to better serve our families and coordinate more intense/multi-program involvement

7. Parent Voice

-Discussed State Parent Group: An opportunity to share home visiting experiences, have input at the State level and plan/participate in the Home Visiting Conference.

How can you tell if your home visiting program is a good fit?

-Depends on the relationships with the home visitor and how they represent themselves. Need to be friendly and welcoming.

- Parent is open and will try it for a bit, but if the child is not comfortable then it will not work. If the child enjoys the visit, then the parent will continue services.
- If there is a good relationship with the home visitor, then the parent will be more comfortable with changes/different programs.
- How genuinely engaged and inviting the home visitor is. The more engaged they are, the easier it is to open up to them.
- How well they click, but there must be trust. Relationship with child is not the driving force-parent can tell if it's helpful or not.
 - Sometimes it can take a bit for the child to warm-up. Mom is now seeing this engagement with her child.
- Need to feel comfortable to speak openly and freely without judgement.

How do you know if the parent is a good fit for the program? (Home Visitor)

- How frequent parents cancel visits. If there are a lot of cancellations, then the home visitor questions if it's a good fit.
 - Per a parent, sometimes the home visitor cancels frequently for sick calls.
 - If a home visitor misses a visit, they make every attempt to make-up the visit.
- Sometimes parents contact the supervisor of the program to say it's not a good fit.
- Must be flexible with families. They don't want to disrupt the flow if there are problems/not a good fit with the family.
 - EHS Supervisor's contact information is given to all the families at their first visit so it takes the pressure off the families and home visitor if it's not a good fit.
- If mom is not meeting goals or progressing. Can measure how well the mom engages with them.

8. Spotlight: LaTonya Turner: Consumer's Energy

- Requested Spotlight ideas from partners
 - Churches of Greater Lansing: Adam
 - Streets 517: Mary

Consumer's Energy

- Household energy waste:

- Lights left on
- Running water
- TV
- Average breakdown of household usage
 - 29% Heating
 - 17% Cooling
 - 14% Water Heating
 - 13% Appliances
 - 12% Lighting
 - 11% Other
 - 4% Electronics
- For each degree you lower the temperature in your home, your heating bill will be reduced by 1-3%
 - A programmable thermostat will do this. It automatically adjusts the temperature.
- 18% of the energy used in your home goes to heating
 - Water heating is a typical family's 3rd largest expense
 - Dishes, clothes, ourselves all require hot water
- 36-40 gallons of water are used in a bath. A shower is preferable over a bath, if available.
- Save \$150 annually by switching 5 incandescent bulbs to 5 LED bulbs
 - Last longer and burn cooler
- Helping Neighbors Program
 - Caters to customers with fixed or limited incomes.
 - Learn about energy efficiency during walk-through
 - High efficiency products provided
- Eligibility:
 - Consumers residential customer
 - No previous upgrades in current property
 - Active account
 - Willingness to schedule an appointment
- Promo code: GPGS20 (Use this code for any referrals)
- www.consumersenergy.com
- *Lots of resources in search option

9. Agency Updates/Announcements

- New guideline for elevated lead blood level from 5 to 4.5
 - Had previously rounded 4.5 to 5 but now have the ability to measure 4.5
- Regine working with Stepping Up Together to speak with teens and parenting teens on February 13th
- Stepping up Together has several events coming up:
 - Youth Thrive at LCC: breakout sessions and lunch
 - Child and Adolescent Health Conference in Traverse City in October
 - Interviewing class 2/13
 - Job Fair at LCC 2/20
- Lansing School District Showcase 2/9 at Doc Johnson Filed House
 - EHS will be there
- Family Coalition 2/13 at Family Growth Center