

## Local Leadership Group Notes

November 4, 2020

1:00pm-2:00pm

### Zoom Virtual Meeting

Meeting ID: 896 3775 3872 Passcode: 614248

<https://us02web.zoom.us/j/89637753872?pwd=VII4SE1VM1VRQURndFBOWVhiWnRWZz09>

Present: Michelle Nichols, Kae Dubay, Rebecca Meszaros, Sara McMahan, Stephanie Thelen, Lisa Chambers, Susan Yeghissian, Effie Alofoje-Carr, Kathy Kelly, Melissa Threadgould, Jasmine Tucker, Tianna Leon, LaSean Thompson, Antanea Robinson, Kelly Uhlmann, Jessica Baker, Holly Smego

#### 1. Welcome/Introductions

Have you started your holiday shopping yet?

I have a few things.

I need a few things.

I'm done!

It's not December yet!

Oh my gosh, it's time?

I need help!

It's way too early!!!!

-Shared responses via mentimeter

#### 2. Virtual Meeting Working Agreements

The working agreements are finalized and were shared. They will be at the top of each agenda moving forward for future reference.

#### 3. October Meeting Recap

October notes were reviewed and approved

#### 4. Great Parents Great Start

-GPGS currently has openings. Exited several children to preschool so if anyone has a family that is aging out of their program or knows a family that is interested in virtual home visits they can find more information and a referral at

<https://www.inghamisd.org/ouracademics/earlychildhood/gpgs/>.

- Is anyone using PHQ-9 for the depression screening? GPGS primarily serves older kids, so does the PHQ-9 assessment work well? Have previously used Edinburgh but it comes across more related to post-partum.

-Several programs utilize the PHQ-9 tool

-How are other programs getting consent/authorization for services remotely?

-Verbal consent

- Screenshot of the signed consent form via text
- Mail a hard copy of the form to the family. The family signs the form and then takes a picture of the signed form and texts/emails back.
- Email forms
- Convert the form into a PDF and email/text to family. Family can sign with finger on touchscreen or phone and send back via text/email.

## 5. Parent Voice

How has your home visitor helped you obtain/reach your child's developmental goals?

- Parent #1: Encouragement from my home visitor to engage my son with fun ways to write such as shaving cream and paint etc.
- Parent #2: Helped with social emotional skills to open up more. Home visitor really helped to build a trusting relationship. Attending playgroups also helped with some confidence for daughter to step away and separate from mom for a bit and engage at the playgroup.
- Parent #3: My home visitor is helpful identifying if my child is meeting the milestones and developmentally on-track. I was told that my daughter may need *Early ON* but I wasn't sure if it was necessary. My home visitor will be able to tell if more assistance is actually needed.
- \*It's very helpful to understand the terminology to be able to better express/explain and understand if additional services are needed and/or if milestones are being met by your child.

## 6. Spotlight

Be SMART: Susan Yeghissian

- Guns are part of American society. Need to ensure that they are safely stored.
- 1,500 children 0-17 are killed by guns. It is the 2<sup>nd</sup> leading cause of death in children and the leading cause of death of black children.
- 78% of school shooting assailants access the guns used from their homes
- 90% of unintentional shooting deaths happen at home
- It is our job to make sure that children do not have access to unsupervised guns
- Be SMART:
  - S: Secure: Secure all guns in the home
  - 13 million US households have guns
  - Guns should be stored locked and unloaded with ammunition stored separately.
  - Unsecure guns contribute to stolen guns, many of which are stolen from cars.
- M: Model: Model responsible behavior
- It is the adult's responsibility to prevent children from having access to guns, not the child's responsibility to avoid them.
- Talk to your children about gun safety
- Teach your children not to touch a gun if they find one

A: Ask: Ask about unsecure guns in other homes

-Make this part of the conversation before sending your child to a new home

-Food allergies? Screen time? Guns in the home?

Simple question through a text: "Does your family have guns in the home? Kids are curious so I just want to make sure they are secure."

-4.6 million US children live in a household with at least 1 loaded, unsecure gun.

R: Recognize: Recognize the role of guns in suicides

-Make sure children don't have access to guns

-Make sure the gun locks and security are age appropriate: a locked box with a key available is not secure for an older child.

-Watch your child's mental health and remove any guns in the home until things stabilize. Ask a friend, family member or dealer to hold the weapons for you.

-85% of suicide attempts with a gun result in death

-Most suicide attempt survivors report they spent less than 10 minutes deliberating before attempting to take their life

-41% of adolescents report they have easy access to guns

-17% of adolescents seriously contemplated committing suicide

Suicide Resources:

-National Suicide Prevention Lifeline

-Trevor Project

-Text HOME to 741741

T: Tell: Tell your peers to Be SMART

-Your voice is critical

-Talk to your peers

\*EHS has a questionnaire that asks if any guns are in the home, due to a gun incident, as part of a check-list. The Be SMART presentation will be very helpful to better have these conversations with families.

\*CMH also asks about guns in the home. Can they help provide the gun locks to the families that need them? Who can they contact?

-Local law enforcement and/or Ingham County Be Smart will give out free gun locks.

## 7. Agency Updates

-EHS still looking for families in the 48911-zip code. Kelly will send out a new flyer to disseminate

-CMH has job posting open for a Mental Health Therapist