

**Hosted By: Ingham Local Leadership Group**

# Perinatal Mood Disorders

*What Every Care Provider Must Know*

**When: Friday, September 16, 2016**  
**9:00 a.m. – 2:00 p.m. (For Home Visitors)**  
**12:30 p.m. – 2:00 p.m. (For Families)**

**Where: Grace United Methodist Church**  
**1900 Boston Blvd., Lansing**

**Registration:** <https://www.eventbrite.com/e/perinatal-mood-disorders-tickets-27091826382>  
*Registration is limited.*

**Cost: Free**

**Questions: Effie Alofoje-Carr @ [inghamllg@gmail.com](mailto:inghamllg@gmail.com)**

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**Presented By:** Nancy Roberts, RN, CCE, CBC

**Purpose:** This conference will assist the attendees in the understanding, identification, and treatment for women who experience a Perinatal Mood Disorder so that they can most effectively and holistically support and assist the affected mother and her family towards wellness.

**Objectives:**

- Differentiate between the symptoms of each Perinatal Mood Disorder: Baby blues, postpartum depression, postpartum anxiety/panic, postpartum obsessive/compulsive, post-traumatic stress syndrome due to childbirth, postpartum psychosis.
- Describe 6 risk factors for the Perinatal Mood Disorders.
- Identify recommended screening measures for Perinatal Mood Disorders.
- State 3 different treatment options for Perinatal Mood Disorders.
- Describe Perinatal Mood Disorder resources available to healthcare providers and consumers.

**Contact Hours:** 3.5 Nursing; 3.5 Social Work

**Planning Committee:** Susan VerWys, MSN, RN, FCN, Nancy Roberts, RN, CCE, CBC of Spectrum Health  
Spectrum Health is an approved provider of continuing nursing education by the Wisconsin Nurses Association  
an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.