



KINSHIP CARE RESPITE PROGRAM

Adults age 55 and older who are full-time caregivers of relative children face many challenges. **It is important for caregivers** to focus on parenting, but also to remember **to take care of their own needs**.

The **Kinship Care Respite Program** is a resource offered through the Tri County Office on Aging—for Ingham, Eaton, and Clinton county residents.

The **Kinship Care Respite Program** was developed to provide **rest, relief, and a break from everyday caregiving**. This program will assist the full-time caregiver by helping to arrange and pay for an activity for their child to attend.

Activities may include:

Day care • Sports camp • Summer class
Extra-curricular activities • Afterschool care/activities

Who Is Eligible to Participate in This Program?

Kinship caregivers must be:

- Age 55 or older
- Full-time caregivers of children under the age of 18
- Permanently reside in Clinton, Eaton, or Ingham counties

How Much Does This Program Cost?

There is no cost to eligible caregivers in the Tri-County Area.

The program is funded by the *Federal Older Americans Act* grant provided to Tri-County Office on Aging through the Michigan Aging and Adult Services Agency.

Contact the **Kinship Care Resource Center** for more information
at **517-355-9600** or email **kinship@msu.edu**
Toll Free 1-800-535-1218

***Funds are capped at \$250 and available to eligible Kinship Caregivers on a first come, first served basis.**



February GSC Meeting Spotlight Presentation February 20, 2019



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Contact Information:

Michele Brock; Director of Community Engagement
Michigan State University; School of Social Work
Email: brockm@msu.edu

Francine Watts; Kinship Care Coordinator
Email: waggiewatts@gmail.com

Joe Kozakiewicz; Director of Chance at Childhood Program
Michigan State University Law Clinic
Email: kozakiew@msu.edu

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