

Ingham Local Leadership Group Presents...

Journey to Vitality...

A Virtual Parent Café

Grab a cup of coffee, tea, or cocoa and join us!

☺ Conversations to promote well-being and a healthy you

☺ Meet new people

☺ Share your parenting experience

☺ Learn about community resources



Who: Parents of young children

When: **Tuesday, April 13th**
4pm-5pm

Where: **Join Zoom**

Meeting Link:

<https://us02web.zoom.us/j/86763825784?pwd=NGN1TTRsZmFIUjVJNVo1QkdEVVVwUT09>



For questions or more information, contact at
inghamllg@gmail.com or 517-918-4729.



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