

Local Leadership Group Notes

October 6, 2021

1:00pm-2:30pm

Virtual Zoom Meeting

Present: Melea Belton, Michelle Nicholson, Beth Walker, Jasmine Tucker, Michelle Sabo, Kae Dubai, Antanea Robinson, Crista Rodriguez, Melissa Threadgould, Rebecca Meszaros, Kathy Kelly, Regine Cherry, Jessica Baker, Lisa Chambers, Tianna Leon, Kristy Rappe, LaSean Thompson, Quintin Baptiste

1. Welcome/Introductions

If you could eliminate one thing from your daily routine, what would it be and why?

2. September Meeting Recap

September notes reviewed and approved. Jessica Baker 1st and Kristy Rappe 2nd

3. Great Parents Great Start

-Michelle shared the annual performance report. Ingham met all of the requirements with the exception of annual developmental screenings. It was difficult to have a true representation of where kids were for the screenings in a remote setting.

In 2020:

- 51 families and 61 children were served
- The majority of the families reported 1 or more stress factors.
 - Low income
 - Parent had not attained high school diploma
 - Parent reported a disability or health condition
 - Parent reported mental health illness
- Majority of children were enrolled at age 2-3 years old and exited at 4 years old.
 - Focus for GPGS is 3-4-year-olds to provide services for children who fall into the 3-year-old gap in services for many programs.
- 494 visits were performed
- 311 virtual playgroups were hosted
- Majority of kids have been enrolled for more than 2 years. The ideal length of time in the program is 2 years.
- Exit reasons from GPGS:
 - Transitioned into other programs
 - Family stopped participating
 - Transitioned into kindergarten
- FFPSA (Families First Prevention Services Act)
 - MDHHS is currently training staff for referrals into the program. The trainings will help identify eligibility for the program.

- Meeting with CPS tomorrow
- Referrals are expected to be received soon after the training is complete
- CPS/foster care workers must create a prevention record and identify if the family meets eligibility criteria and then the referral must be signed-off by a supervisor before it can be accepted.

4. **FY22 Workplan Review**

The FY22 Workplan is very similar to our previous workplans. We will continue to focus on parent leaders; required & recommended partner participation; CQI; sustainability plan and continuum work. We will continue to discuss how this work is progressing.

5. **Grantee Meeting Recap**

-All of the LLGs shared their PDSA Cycle 2 projects. Ingham shared our work around fatherhood engagement/involvement in home visits. We were not as successful in our project as previous projects, but we were able to collect some great qualitative data around how the fathers feel (engagement) vs the home visitor's perspective of involving the fathers. We feel that this work brought awareness of the need to be inclusive of the fathers/father figures in the home.

-The state shared some updates and also informed everyone that some of the current systems are being re-evaluated. There may be some changes in the approach/reporting etc. of our work.

6. **Health Equity**

The health equity work is very important; however, with the current changes within our LLG, we are going to take a pause on this work. Once Kae and the steering team are settled again, we will pick-up this work again.

7. **Parent Voice**

How has the transition to in-person school and visits gone?

What has been challenging? What has gone well?

Parent #1: One child needs more one-on-one than her other kids. Being virtual gave mom the opportunity to provide the one-on-one support for him. Going back to in-person instruction has been a challenge because he is not getting the same level of support. In-person instruction is providing a break for mom though. 😊

Parent #2: Son transitioned from childcare to preschool. It was great to have the connection with the knowledge she has learned from being part of the LLG work. The paperwork was A LOT and they were on a waiting list due to staffing shortages. Mom is concerned that the staff may be overworked and overwhelmed. Son is excited about school and riding the bus. Mom is enjoying the Parent Café series about identifying her son's personality type.

Parent Ambassador: Mom struggled with transition more than daughter. The safety precautions, such as not being able to walk into school, have been hard. Mom also is

concerned about staffing shortages. Overall, the challenges were harder for mom than her daughter.

-Service providers are hearing a lot of the same concerns. ESL families are especially having a hard time due to the language barrier and less/no access to additional help.

8. **Spotlight**

Melea Belton, Mental Health Services

-In 2015 *Substance Abuse* was changed to *Substance Use* to remove the negative connotation.

-Substance use disorders occur when the frequent use of substances negatively impacts a person's life.

-More than 1 in 4 adults with a serious mental health concern also has a substance use disorder.

- Depression

- Anxiety disorders

- Schizophrenia

- Personality Disorders.

-Covid is setting the stage for long-term resurgence of substance use disorders due to unemployment, low incomes and isolation

-Many facilities have closed due to lack of funding or staffing.

-Telehealth is great for those who are already connected to healthcare and supports; however, the majority of opioid users do not receive care/have access.

-The opposite of addiction is not sobriety but connection.

-Suicide rates stayed level with previous years in 2020. This is possibly the result of people having space from others and less social demands

-Person first language: putting the person before the disability. This focuses on what the person has and NOT who the person is.

- A drug/alcohol addict vs a person with a drug/alcohol disorder.

- <https://isap700.wixsite.com/isap2>

- Meetings 2nd Tuesday each month

- 1.5 Hours

- Lots of workshops

-Are there any trends in data of youth vs adult?

- Data does not look a whole lot different

- 97% youth say that smoking is bad but they vape

- Marijuana use has skyrocketed since being de-criminalized

-Were the virtual workgroups a barrier for those who have multiple people in their homes (privacy etc.)?

- Yes, people felt they couldn't attend virtually with others present

- No, some agencies provided in-person or outside-the-home computer access.

- Wellness INX
- Ingham ISD
- Prevention Network

9. Updates and Announcements

- Community Mental Health Authority of Clinton, Eaton, Ingham Counties (CMHA-CEI): Advancing Resilience in Children (ARC) program will be kicking off.
- CMHA-CEI: Sheila Henderson is retiring at the end of the month. Actively looking for a replacement.
- Regine is part of a national parent network. She is able to share some of our work that we are doing and will continue to share information with us.

Next meeting: November 3rd @ 1pm