

Ingham Great Start Collaborative

Meeting Notes

10/13/22

1:00-3:00 pm

Present: Sondos Al-Hachim-Parent/Islamic Center, Jessica Baker-Parent Liaison, Angie Barry-Lansing School District, Laura Beckner-Lansing School District, Lisa Chambers-ICHHD, Kae Dubay-Parent, Marisela Garza-CADL, Anne Hughes-CMH, Rebecca Meszaros-MDHHS, Sarah Martin-Central Resource Center, Barb Monroe-Central Resource Center, Travis Neller-Ingham ISD/Ingham GSC, Robin Pizzo-WKAR, Ali Rogers-ICHHD Strong Start Healthy Start, Stephanie Thelen-Ingham ISD, Rashmi Travis-ISAP, Marney Turner-Lansing School District

- I. **Spotlight:** Rashmi Travis, from ISAP, joined the GSC to share what's happening with ISAP, including their new Youth Resource Guide (a pad with tear-off sheets community organizations can share with clients). Rashmi shared ISAP's work is focused on prevention; services provided; and about the huge increase in Rainbow Fentanyl use more recently in the news. Rainbow Fentanyl resembles colorful, SweetTART® candies. Today's PowerPoint can be found on the GSC website.
- *Question:* Who can "check out" the Youth Resource Guide pads?
 - *Answer:* School Districts—the school nurse in some cases; GSC members; you will see them at Health Fairs; curriculum directors, etc. ISAP is tracking who "checks out" the pads and what resources are being shared, etc.
 - *Question:* What age is too young to start talking about these topics (drugs, etc.)?
 - *Answer:* A difficult question to answer, as influential sources are sometimes unknown; middle school and younger is not too young to have discussions regarding substance use and/or abuse.
 - *Question:* Has ISAP partnered with any of the local marijuana businesses?
 - *Answer:* Yes, there was a recent summit; there is no stopping the businesses; and we must continue to strategize around working together to educate.
 - *Question:* Is the message from ISAP only prevention based?
 - *Answer:* No Samaritas provides treatment, coping strategies, support groups, etc.
 - *Comment:* Anne Hughes shared a local resource "Families Against Narcotics or FAN" group whose mission is to raise awareness of the prescription opiate drug abuse epidemic (in conjunction with Hope not Handcuffs). It was suggested they could also be invited to the GSC or be a future Spotlight.
- II. **Inclusion Activity:** *Where are we in our Early Childhood journey?* Members placed stickers on chart paper to show:
- How many years of experience in Early Childhood
 - 1-5 years = 1
 - 5-10 years = 5
 - 10-15 years = 2
 - 15-20+ years = 7
 - Why?
 - Love working with kids = 4
 - Want to make change = 9
 - Create equitable opportunities for children – 10
 - Other = 2 (increase care for Early Childhood; love to support the caregiver/parents)
 - Mental Health Check In – How are you feeling today
 - Happy = 7
 - Confused = 0

- Nervous = 2 (member just received notification about lock down at Waverly, and child attends Waverly)
- Tired = 10
- All of the above = 2

III. Outcome Groups in Break-Out Rooms Questions:

- How does today's ISAP/Substance Abuse Spotlight align with your Outcome group's Activities?
- What are next steps to take on Activities by the November GSC meeting?

IV. Updates:

- [Family Coalition](#): The meeting schedule through December is available. Please share this information with community families. Meetings will be virtual for the foreseeable future. Contact InghamGSCParents@gmail.com for more information.
- [Parent Cafés](#): Meetings are held the first Tuesday of each month via Zoom. Contact Ingham kdubay82@gmail.com for more information.
- [Great Start To Quality Central Resource Center](#) is being revamped to better serve providers with a new logo in November; and in February 2023, all providers will be part of the system with self-reflection and inclusivity replacing the "star rating system."
- GSRP Outreach – Numbers are good; however, challenges continue at Head Start with classrooms unable to open due to staff shortages. Also, out-counties such as Dansville, Webberville, and Leslie need support. Encourage families to complete the online [application](#).
- WKAR – Robin shared MSU Advancement is in support of getting 5500 literacy reading kits out in the community. Robin would like feedback from community partners on how many kits are needed. Please contact [Robin](#) with feedback.

VI. Evaluation: Hindsight 20/20 forms were used for feedback from today's meeting:

- Worked Well
 - Spotlight/Speaker; connection time in Outcome groups
 - Good presentation led to good discussion in our Outcome group
 - First meeting was really great; liked the Outcome
 - Outcome group and Reshmi presentation
 - Outcome groups; nice to see everyone in person; Spotlight information
- Next Steps
 - Learn more about impact of marijuana usage for little ones (today's Spotlight)

VII. Adjournment & Next Meeting Date: Wed., November 9, 2022 @ 1:00–3:00 pm, virtually

View Agendas, Minutes, Meeting Calendars at www.InghamGreatStart.org
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